Submitted on Thu, 11/14/2024 - 07:22

Submitted by: Visitor

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Choose the agency that you would like to provide input about <u>Texas Department of Criminal Justice</u>

Public Comments 1

First Name Chanel

Last Name Jones

Title Advocate

Organization you are affiliated with

Lioness Justice Impacted Women's Alliance

Email

City Austin

State Texas

Your Comments or Concerns

Solitary confinement raises significant concerns regarding its detrimental effects on mental health. Prolonged isolation can lead to a range of psychological issues, including anxiety, depression, and exacerbated symptoms of pre-existing mental health conditions. The lack of social interaction and environmental stimulation can impair cognitive functioning and lead to feelings of hopelessness and despair. Additionally, individuals may experience paranoia and hallucinations due to the extreme sensory deprivation.

Your Proposed Solution

These adverse effects underscore the need for critical evaluation of solitary confinement practices, advocating for alternative approaches that prioritize rehabilitation and mental wellbeing. Not allowing for impacted individuals to have to endure those conditions for more than 2 weeks consecutively.

My Comments Will Be Made Public Yes